

FIRST SUNDAY OF LENT



MASSES OF THE WEEK

† - For the repose of the soul / in memory of the person(s) indicated

Sunday, February 21

10:30 a.m. For the intentions of the Handmaids of the Lord.

Monday, February 22

Chair of St. Peter

(Private Mass) For Nicholas' health by his Mother.

Tuesday, February 23

9:00 a.m. For the success of Nicholas' surgery and blessings received by his Mother.

Wednesday, February 24

(Private Mass) For Nicholas' health by his Mother.

Thursday, February 25

9:00 a.m. For Nicholas' health and blessings received by his Mother.

Friday, February 26

(Private Mass) † Souls in Purgatory.

Saturday, February 27

4:30 p.m. † Mr. John Toth Sr. and for blessings received by his children.
† Margaret Cormier by her children Helen and Ray.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Nickie Shaw, Patricia McNamara, Norbert Dacquay, Raechal McIntyre, Marcelo Pimentel, Moli Coletti, Zygmunt Wysocki and Melchisedec Candido.

HOLY FATHER'S PRAYER INTENTION

Universal: *Violence against women* ~ We pray for women who are victims of violence, that they may be protected by society and their sufferings considered and heeded.

READINGS (Year B):

Sunday, February 21

First Reading: Genesis 9.8-15

God's covenant with Noah when he was delivered from the flood.

Second Reading: 1 Peter 3.18-22

The waters of the flood prefigured he baptism which now saves you.

Gospel: Mark 1.12-15

Jesus was tempted by Satan; and the Angels waited on him.

Tuesday, February 23

First Reading: Isaiah 55.10-11

My word shall accomplish that which I purpose.

Gospel: Matthew 6.7-15

Pray in this way.

Thursday, February 25

First Reading: Ester 14.1, 3-5, 12-14

O my Lord, I have no helper but you.

Gospel: Matthew 7.7-12

Everyone who asks receives.

Saturday, February 27

(Second Sunday of Lent)

First Reading: Genesis 22.1-2, 9-13, 15-18

The sacrifice of Abraham, our father in faith.

Second Reading: Romans 8.31b-35, 37++

God did not withhold his own Son.

Gospel: Mark 9.2-10

This is my Son, the Beloved; listen to him.



St. Theresa Parish welcomes Amelia Francesca Marinelli baptized into our Christian community early in February.

BAPTISM OF OUR PARISH ALPHA BABY!!

St Theresa Parish was happy to welcome Maria Luiza Bacelar Guimaraes Conforto baptized into our Christian community last Sunday. Congratulations to parents Bruno and Isabela, and godmother Nadia Rovinelli all of our parish! This event was truly an Alpha family affair as Bruno, Isabela, and Nadia met and became friends during the parish Alpha program in the fall of 2019! Little Maria Luiza, affectionately called our Alpha baby, was born in late October 2020 during the fall Alpha Online program, while her father Bruno was assisting on the Alpha team. Thanks to Deacon Guy who instructed the family, and officiated the baptism with the assistance of his wife Christine.

ARCHDIOCESAN APPOINTMENTS

Deacon Guy Dacquay was assigned to be the Coordinator of Pro-Life projects for the Archdiocese of Ottawa-Cornwall. His first project will entail working with the Assembly of Catholic Bishops of Ontario on their conscience rights lobbying plan in support of Ontario health care workers (doctors, nurses and other professionals), who are currently facing the proposed explosion of the Federal Government's euthanasia and assisted suicide legislation (Bill C7). Deacon Guy will also continue his ministry at St. Theresa Parish.

Deacon Will Read has been appointed to St. Theresa Parish. The responsibilities will be split between Deacon and Deacon Will.

SEASON OF LENT

The liturgical season of Lent began last Wednesday, February 17. During Lent, the liturgy prepares catechumens to celebrate the Pascal Mystery by the various stages of Christian initiation. It also prepares us, God's faithful people for the Easter Resurrection, as we recall our baptism and do penance in preparation for the greatest Feast of the year.

The following are guidelines of Lenten observances for the faithful:

- Good Friday is a day of fast (for those in good health between 14-59 years of age) and abstinence from meat (for those in good health).
- Fridays are days of abstinence from meat during the Lenten season.

2020 INCOME TAX RECEIPTS

Income Tax receipts can be obtained by placing a stamped, self-addressed envelope in the collection basket. Please write your 2020 box # on the envelope. If you would prefer, you can call the office to make arrangements to pick up your receipt.

POPE FRANCIS' MESSAGE FOR LENT 2021

Pope Francis focuses on the three theological virtues in his Lenten message for 2021, inviting the faithful to "renew our faith, draw from the living waters of hope, and receive with open hearts the love of God."

Grounding his reflection on the Paschal Mystery, the Pope says, "This Lenten journey... is even now illumined by the light of the resurrection, which inspires the thoughts, attitudes and decisions of the followers of Jesus."

He goes on to say that the journey of conversion, through fasting, prayer and almsgiving, "makes it possible for us to live lives of sincere faith, living hope, and effective charity." To see the Pope's message, go to: <https://www.vaticannews.va/en/pope/news/2021-02/renewing-faith-hope-and-love-pope-francis-lenten-message.html>

2021 PARISH ENVELOPES

201 parish envelopes are available in the parish office for anyone who has not picked up a box and wants to continue to use them.

Everyone is strongly encouraged to send e-Transfers or sign up for pre-authorized donations. You will find a form on our website (sttheresaottawa@rogers.com) that, when completed will allow the parish to either make automatic withdrawals from your bank account or charge your credit card.

Parishioners who send e-Transfers or sign up for pre-authorized donations **do not need** a box of envelopes.

Thank you for your continued support.

SENIOR'S MINISTRY PRESENTATIONS

The Steering Committee of the Senior's Ministry at the Archdiocese would like to meet parishioners interested in exploring a focus on parish seniors and caregivers, by Zoom. For further info: pmarsdendole@archottawa.ca

KOC - BECOME A MEMBER!

If you're interested in helping those in need, serving our parish, growing in faith and obtaining exclusive access to top-rated insurance protection for your family, then the Knights of Columbus is the organization for you. Please consider joining our Council 16005. Membership Dues are free until **June 30th, 2021**. For more information, please contact Roger Richard (613-277-5423); (roger-richard@rogers.com) or (www.ontariokofc.ca/Join-us (indicate Council16005)).

"The ultimate goal of Lent is to help each one of us make a complete gift of self to God.

– Pope Emeritus Benedict XVI