

SECOND SUNDAY OF LENT



MASSES OF THE WEEK

† - For the repose of the soul / in memory of the person(s) indicated

Sunday, March 5

Second Sunday of Lent

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. † Auxiliary Bishop David O'Connell of Los Angeles by Paulette Michel and Ron Sorobey.
For the intentions of the Handmaids of the Lord.

Tuesday, March 7

9:00 a.m. -----

Wednesday, March 8

9:00 a.m. † Souls in Purgatory.

Thursday, March 9

9:00 a.m. † Ena Luke by her daughters Patricia and Suzanne.

Friday, March 10

9 a.m. For Naomi Mera by Agneta Gibson.

Saturday, March 11

4:30 p.m. † Wayne Quan by his family.

Sunday, March 12

Third Sunday of Lent

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. † Leo Desmarteau by the family.
For the intentions of the Handmaids of the Lord.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Joan Marie (Ryan) Potvin, Michelle Boyer, Ann Taillon, Baby Ivy Murray, Nickie Shaw, Eugene Vargas, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue.



Lectors & Commentators

Saturday, March 11

4:30 p.m. Marie Comisso

Sunday, March 12

9:00 a.m. Paulette Michel
10:30 a.m. Miguel Planas

HOLY FATHER'S PRAYER INTENTION

For victims of abuse ~ We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

Prayer for Vocations: Third Sunday of Lent – Mar 5:

For all our priests, who bring us to the mountain of Christ at every Mass and feed us with His transforming love in the sacraments.

SECOND SUNDAY OF LENT (Year A)

First Reading: Genesis 12.1-4

The calling of Abraham, father of the people of God.

Second Reading: 2 Timothy 1.8b-10

God called us to be holy and gives us life and immortality through the Gospel.

Gospel: Matthew 17.1-9

Jesus' face shone like the sun.

MARRIAGE PREPARATION COURSE

St. Theresa Parish will host a Marriage Preparation course on **Friday evening, April 28, 2023** and **all day Saturday, April 29, 2023**. For more information and registration, contact the Parish office at 613-235-5119.

REMINDER

Fridays are days of abstinence from meat during the Lenten season. iguel

ROSARY MAKERS GROUP

A rosary makers group is forming soon! All parishioners are welcome and no prior experience is needed.

Meetings will be at **9:30-11:30 am every 2nd & 4th Tuesday of the month.** For March: the 14th and 28th.

It's open house concept and all supplies are provided. More info: thekilbeys2010@hotmail.com.

Please consider joining in on this craft!

"HEARTS FOR THE MARITIMES" FUNDRAISER

A report published by Christian Aid, a charity based in the U.K., pegged Hurricane Fiona as one of the 10 most expensive climate disasters in 2022. More than 4 months after Hurricane Fiona, Atlantic Canada is still dealing with massive damage and misery.

Join us for the "Hearts of the Maritimes" Fundraiser and luncheon on **April 16**. We hope to have special "Down East" entertainment and lots of fun.

Tickets will be on sale at the end of all weekend Masses during the month of March.

OTTAWA CATHOLIC YOUNG PROFESSIONALS LENT RETREAT

Join us Saturday, **March 18 from 9am - 1:30pm** at St. Maurice Parish for a half day retreat including talks, confession, mass, fellowship and more! Come learn and grow deeper in your faith while meeting like-minded friends! Go to www.OCYP.ca or look us up on Facebook to register!

2023 INCOME TAX RECEIPTS

Income Tax receipts can be obtained by placing a stamped, self-addressed envelope in the collection basket on Sundays or by calling the parish office (613-235-5119) to make arrangements to pick up your receipt.

CONFESSION

Since we are journeying in Lenten Season, Fr. Vincent is also available for Confession other than Saturday. Please give him a call: 613 235 5119.

These are simple steps to follow for a good confession:

Make a thorough examination of conscience by reflecting on sin in your life prior to going to a priest.

Begin with the sign of the cross and say: "Bless me father for I have sinned. It has been [time] since my last confession. These are my sins" and state your sins.

The priest will give you some advice and your penance to do after your Confession. This is an act of repentance in response to God's Mercy in the confessional.

Then you pray the Act of Contrition out loud as to proclaim your sorrow for your sins.

The priest will extend his hands and grant you Absolution. Your response is: AMEN towards the end.

Priest may say: God bless you or God has freed you from your sins. Go in peace."

Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against you,

whom I should love above all things.

I firmly intend, with your help,

to do penance, to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us.

In his name, my God, have mercy.

Amen.