

[†] - For the repose of the soul / in memory of the person(s) indicated

Sunday, March 12

Third Sunday of Lent9:00 a.m.For the parishioners of St. Theresa Parish.10:30 a.m.† Leo Desmarteau by the family.For the intentions of the Handmaids of the Lord.

Tuesday, March 14

9:00 a.m.

Wednesday, March 159:00 a.m.† Souls in Purgatory.

Thursday, March 16

9:00 a.m. -----

Friday, March 17 9 a.m. For Naomi Mera by Agneta Gibson.

Saturday, March 18

4:30 p.m. † Dr. Pierre and Mrs. Antoinette Prud'homme by their children.

Sunday, March 19

Fourth Sunday of Lent9:00 a.m.For the parishioners of St. Theresa Parish.10:30 a.m.For the intentions of the Handmaids of the Lord.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Joan Marie (Ryan) Potvin, Michelle Boyer, Ann Taillon, Baby Ivy Murray, Nickie Shaw, Eugene Vargas, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue.



Saturday, March 18 4:30 p.m. Cathy Major

Sunday, March 199:00 a.m.Darrell Herauf10:30 a.m.Kathy McVean

HOLY FATHER'S PRAYER INTENTION

For victims of abuse ~ We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

Prayer for Vocations: Third Sunday of Lent – Mar 12: For all those thirsting to know their vocations in Christ, that they will be open to the waters of prayer and drink fully of the Holy Spirit who leads,.

THIRD SUNDAY OF LENT (Year A)

First Reading: Exodus 17.3-7 *Give us water to drink.*

Second Reading: Romans 5.1-2, 5-8 God's love has poured into our hearts through the Holy Spirit that has been given to us.

Gospel: John 4.5-42 The water that I will give will become a spring of water gushing up to eternal life.

ROSARY MAKERS GROUP

A rosary makers group is forming soon! All parishioners are welcome and no prior experience is needed.

Meetings will be at **9:30-11:30 am every 2nd & 4th Tuesday of the month**. For March: the 14th and 28th.

It's open house concept and all supplies are provided. More info: <u>thekilbys2010@hotmail.com</u>.

EASTER FLOWERS

The Knights of Columbus will be accepting donations towards our Easter flowers at the back of the church after each Mass this weekend and next weekend.

In the footsteps of Jesus...

By popular demand, some time ago, friends of Fr. Vincent approached him with a request to organize a pilgrimage to the Holy Land of Jesus. Finally, he is very pleased to announce that a 15-day pilgrimage will take place on **Monday, September 25 to October 10, 2023**.

The pilgrimage includes Jerusalem, Bethlehem, Bethany, Mount Olive, Old City of Jerusalem, Jaffa, Mount Carmel, Haifa - Nazareth, Mount Tabor, Cana, Sea of Galilee, Mount Beatitudes, Capernaum, Jordan River, Beit Shean, Jericho, Dead Sea, Masada, Crossing the Allenby/King Hussein Bridge – Dead Sea, Wadi Rum, Petra, Amman, Kerak, Mount Nebo, Madaba, Amman, Jerash and on to the Amman Queen Alia Airport. Based on a minimum of 20 with a maximum of 30 pilgrims, departure cost from Ottawa is \$5,450 that includes superior accommodations with breakfasts & dinners, assistance upon arrival & departure, fully escorted tour travelling on deluxe motor coach transportation with free WiFi as per itinerary, entrance fees as per program, tips for the guide and the driver. Lunches, personal expenses, and insurance are excluded.

For inquiries or clarifications contact: Dennis Kam: 613 581 5566 or <u>dennis@jbetravel.ca</u> Dennis will organize a session for the pilgrims after Easter for further information.

CELEBRATING SPRING

4 NEIGHBOUR CHURCHES COMING TOGETHER IN FRIENDSHIP

First Baptist Church, Knox Presbyterian Church, St. Theresa Roman Catholic Church, St. John the Evangelist Anglican Church

A MEET & GREET WITH MUSIC AND CONVERSATION

Our Clergy who call themselves the 4 Amigos present and compare how we approach the Sundays and Seasons of the Christian Year. Which celebration is your favourite? Join the conversation with new friends!

WEDNESDAY, MARCH 22 7.00 PM

HOSTED BY ST. JOHN'S 154 Somerset St. W., Ottawa, K2P 0H8

CONFESSION

Since we are journeying in Lenten Season, Fr. Vincent is also available for Confession other than Saturday. Please give him a call: 613 235 5119.

These are simple steps to follow for a good confession:

Make a thorough examination of conscience by reflecting on sin in your life prior to going to a priest.

Begin with the sign of the cross and say: "Bless me father for I have sinned. It has been [time] since my last confession. These are my sins" and state your sins.

The priest will give you some advice and your penance to do after your Confession. This is an act of repentance in response to God's Mercy in the confessional.

Then you pray the Act of Contrition out loud as to proclaim your sorrow for your sins.

The priest will extend his hands and grant you Absolution. Your response is: AMEN towards the end.

Priest may say: God bless you or God has freed you from your sins. Go in peace."

Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against you,

whom I should love above all things.

I firmly intend, with your help,

to do penance, to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us.

In his name, my God, have mercy.

Amen.