



MASSES OF THE WEEK

† This symbol signifies repose of the soul.

Sunday, March 9

First Sunday of Lent

9:00 a.m. For the parishioners of St. Theresa Parish
10:30 a.m. For the intentions of the Handmaids of the Lord.

†Diomira Contestabile, by the family.
†Therese Dagenais, by Anne Bell.
†Rosemary Trainor, by Eleanor Ryan.

Tuesday, March 11

9:00 a.m. †Chris Mooney, by Dave & Lynn Webb.

Wednesday, March 12

9:00 a.m. †For the souls in purgatory.

Thursday, March 13

9:00 a.m. †Jim Walker, by Anne Bell.

Friday, March 14

9:00 a.m. †Sister Anna Chan, by Daniel.

Saturday, March 15

4:30 p.m. †Sam Bousada, by Ann Taillon.
For the protection of Canada & the well-being of all its citizens, by a parishioner.

Sunday, March 16

Second Sunday of Lent

9:00 a.m. For the parishioners of St. Theresa Parish
10:30 a.m. For the intentions of the Handmaids of the Lord.

†Diomira Contestabile, by the family.
†JoAnne Valiquette, by her friends.

Please remember the sick in your prayers:

Michelle Boyer, Baby Ivy Murray, Nickie Shaw, Marie-Andrée Boyer, Patricia McNamara, Rachel McIntyre, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue, Alice Hilchie, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Lise Campbell, Elaine Taylor, Richard Lafleur, Wanda Staples, Judette & Marie.

Vocation Prayer:

That men and women will accept how God is calling them to serve as Mary responded to the angel Gabriel, we pray to the Lord.

HOLY FATHER'S PRAYER INTENTION

For families in crisis ~ Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

**FIRST SUNDAY OF LENT
(Year B)**

First Reading: Deuteronomy 26.4-10
Second Reading: Romans 10.8-13
Gospel: Luke 4.1-13



Lectors & Commentators

Saturday, March 15

4:30 p.m. Marie Comisso

Sunday, March 16

9:00 a.m. Paulette Michel
10:30 a.m. Sebastien Saber

EUCCHARISTIC MINISTERS

Saturday, March 15

4:30 p.m. -

Sunday, March 16

9:00 a.m. -
10:30 a.m. Sebastien Saber - Choir

25 JUBILEE FACTS

7. Indulgences

A key feature of the Jubilee is the granting of indulgences. By fulfilling spiritual conditions—such as pilgrimage, prayer, and penance—Catholics can receive remission for the temporal punishment for sins.

WARM CLOTHING WANTED

Did you get a new wardrobe for Christmas and now you are not sure what to do with your old clothes? Gently used clothing can be brought to church and the Social Outreach Committee will deliver them to The Shepherds of Good Hope, The Ottawa Mission, Matthew's Refuge Homes and women's shelters. Warm clothing is desperately needed in Ottawa. Please help if you can.

CONVERSION STORY

Jonathan Lunine, chief scientist at NASA's Jet Propulsion Lab, shared the story of his conversion to Catholicism at a Jan. 28 lecture at the University of Southern California's Caruso Catholic Center. Lunine, a lifelong astronomer and co-founder of the Society of Catholic Scientists, spoke after Los Angeles' first-ever Gold Mass for Catholics in the Sciences, which Archbishop José H. Gomez celebrated at Our Savior Church, on USC's campus. In his talk, Lunine recounted his journey from Judaism to Methodism before ultimately embracing Catholicism, influenced by the Jesuit fathers and brothers working at the Vatican Observatory. "Gradually, my stubborn heart was moved," Lunine said, "I just suddenly realized that it was time to stop running from the one who had comforted me 33 years earlier." The event, marking the 800th anniversary of St. Thomas Aquinas' birth, was organized as part of a "broader effort to empower Catholic thinkers working in academic and professional circles increasingly dominated by secularist thought". Lunine stressed the need to inspire young Catholics to integrate their faith with scientific achievement, citing historical examples of Catholic scientists. He also addressed common misconceptions about the relationship between science and religion. "However close science might seem to get to Thomistic philosophy, or however far it might get, science can never be used to prove or disprove the existence of God," Lunine said. He also encouraged aspiring Catholic scientists to search for scientific inspiration in the mystery of Christ's incarnation. "I urge those of you pursuing a career in science to embrace it. Strive to be your best, do great science, and, at the same time, embrace your faith, open your heart to the God who loves you."

KOFC PANCAKE BREAKFAST

Knights of Columbus Pancake Breakfast:

16 March 2025, following the 9 am and 1030 am Masses. \$10 for adults, \$5 for young people under 12. Free for those under 5 and 80 years young or older.

JUBILEE YEAR TOUR 2025

Sept. 1st - 16th 2025

Cost: \$4,600 per person double occupancy

Includes: Airfare, Hotels with free breakfast
Private Motorcoach

Visiting: Italy, France, Switzerland, Luxembourg
Germany and Czech Republic

Features: Holy Doors (opened every 25 years)
Audience with the Pope
Basilicas, Castles, Chateaus
Charming Old City Squares
Infant Jesus of Prague
Time for Shopping

To join the tour, please call: 613 874 0111

Please speak slowly and clearly.

Please leave name, message and phone number.

KNOW YOUR SAINTS

Saint of the Day for
Katharine Drexel Saint Day March 3.

If your father is an international banker and you ride in a private railroad car, you are not likely to be drawn into a life of voluntary poverty. But if your mother opens your home to the poor three days each week and your father spends half an hour each evening in prayer, it is not impossible that you will devote your life to the poor and give away millions of dollars.

Katharine Drexel did that.

Born in Philadelphia in 1858, she was well educated and widely travelled. She nursed her terminally ill step mother and came to realize that money could not cure everything. She was determined to help where help was needed.

Katharine had always been interested in the plight of the Indigenous people of Wyoming. While on a European tour, she met Pope Leo XIII and asked him to send more missionaries to Wyoming for her friend Bishop James O'Connor. The pope replied, "Why don't you become a missionary?" This made her think. Back home, Katharine visited the Dakotas, met the Sioux leader Red Cloud and began her systematic aid to Indian missions.

Katharine Drexel could easily have married. But after much discussion with Bishop O'Connor, she wrote in 1889, "The feast of Saint Joseph brought me the grace to give the remainder of my life to the Indians and the Colored." Newspaper headlines screamed "Gives Up Seven Million!"

After three and a half years of training, Mother Drexel and her first band of nuns—Sisters of the Blessed Sacrament for Indians and Colored—opened a boarding school in Santa Fe. A string of foundations followed. By 1942, she had a system of Black Catholic schools in 13 states, plus 40 mission centers and 23 rural schools. Segregationists harassed her work, even burning a school in Pennsylvania. In all, she established 50 missions for the Indigenous people in 16 states.

Two saints met when Mother Drexel was advised by Mother Cabrini about the "politics" of getting her order's Rule approved in Rome. Her crowning achievement was the founding of Xavier University in New Orleans, the first Catholic university in the United States for African Americans.

At 77, Mother Drexel suffered a heart attack and was forced to retire. Apparently her life was over. But now came almost 20 years of quiet, intense prayer from a small room overlooking the sanctuary. Small notebooks and slips of paper record her various prayers, ceaseless aspirations, and meditations. She died at 96 and was canonized in 2000.

Saints have always said the same thing: Pray, be humble, accept the cross, love and forgive. But it is good to hear these things in the American idiom from one who, for instance, had her ears pierced as a teenager, who resolved to have "no cake, no preserves," who wore a watch, was interviewed by the press, traveled by train, and could concern herself with the proper size of pipe for a new mission. These are obvious reminders that holiness can be lived in today's culture as well as in that of Jerusalem or Rome.