



† This symbol signifies repose of the soul.

**Sunday, January 25**

*Third Sunday in Ordinary Time*

9:00 a.m.

*For the parishioners of St. Theresa Parish*

10:30 a.m.

*For the intentions of the Handmaids of the Lord.*

†Tania Artushevski, by the Kydisyuk family.

**Tuesday, January 27**

9:00 a.m.

**Wednesday, January 28**

*St. Thomas Aquinas*

9:00 a.m.

†For the souls in purgatory.

**Thursday, January 29**

9:00 a.m.

**Friday, January 30**

9:00 a.m.

**Saturday, January 31**

*St. John Bosco*

4:30 p.m.

Guy Beauregard.

**Sunday, February 1**

*Fourth Sunday in Ordinary Time*

9:00 a.m.

*For the parishioners of St. Theresa Parish*

10:30 a.m.

*For the intentions of the Handmaids of the Lord.*

**Please remember these sick people in your prayers:**

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmont Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn & Jim Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

**HOLY FATHER'S PRAYER INTENTION**

*For prayer with the Word of God* ~ Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

**THIRD SUNDAY IN ORDINARY TIME**

**(Year A)**

**First Reading:** Isaiah 9.1-4

**Second Reading:** 1 Corinthians 1.10-13, 17-18

**Gospel:** Matthew 4.12-23



**Saturday, January 31**

4:30 p.m. Daniel Boyer

**Sunday, February 1**

9:00 a.m. Cherryl Calleja

10:30 a.m. Peter Landry

**EUCARISTIC MINISTERS**

**Saturday, January 31**

4:30 p.m. ---

**Sunday, February 1**

9:00 a.m. Michelle Corbett – C & EM

10:30 a.m. Sebastian Saber – C & EM, Peter Landry – Choir

**Vocation Prayer:**

• That mothers and fathers will help their children grow strong in their faith, filled with the wisdom of God, and encourage openness to vocations, we pray to the Lord.

**ADMINISTRATIVE ASSISTANT POSITION**

We are actively seeking a new Administrative Assistant! Please contact the office if you are interested in working Mon-Thurs, 9am-5pm. Basic computer skills required, as well as effective communication and organisational skills.

### GAME NIGHT

Don't lose the opportunity to join other parishioners at the first annual games night, February 14. You will find a lot of fun, tasty snacks and good friendship. Sign up the sheet available at the rear of the church and you will receive one ticket for the Games Night raffle. There will be a trivia contest, and large-cup games to win. Euchre anyone, Phase 10, Bridge, Parchesi?

### POPE LEO PROCLAIMS SPECIAL JUBILEE YEAR FOR THE 800<sup>TH</sup> DEATH ANNIVERSARY OF ST. FRANCIS OF ASSISI

He proclaimed January 10, 2026 – January 10, 2027, an extraordinary Jubilee Year during which the faithful can obtain a plenary indulgence under the usual conditions by making a pilgrimage to a Franciscan Conventual Church or Place of Worship dedicated to the Saint. The Franciscan Friars Minor announced the proclamation in a Jan. 10 stating that during this Jubilee year “the Christian faithful are invited to follow the example of the Saint of Assisi, becoming models of holiness of life and constant witnesses of peace.”

This extraordinary jubilee “represents an ideal continuation of the Ordinary Jubilee of 2025,” which encouraged the faithful to go on pilgrimage and orient their lives toward God. “Following in the footsteps of the Poverello of Assisi, let us transform the hope that made us pilgrims during the Holy Year into fervor and zeal of effective charity,” the release states. “May this Year of St Francis be for each one of us a providential occasion for sanctification and evangelical witness in the contemporary world, for the glory of God and the good of the whole Church.”

Conditions for receiving the Indulgence (for oneself or for the deceased):

- Sacramental confession to be in God's grace (in the eight days before or after);
- Participation in Mass and Eucharistic Communion;
- To visit in the form of a pilgrimage any Franciscan conventual church or place of worship dedicated to St. Francis anywhere in the world, where one renews one's profession of faith, through the recitation of the Creed, to reaffirm one's Christian identity.
- The recitation of the Lord's Prayer, to reaffirm the dignity of children of God, received in Baptism.
- To pray for the intentions of the Holy Father, to reaffirm belonging to the Church, whose foundation and visible centre of unity is the Roman Pontiff.

### OTTAWA CHURCHES CHRONICLE ARTICLE

A couple of weeks ago, Christopher Adam, editor of Ottawa Churches Chronicle, visited our church and wrote a piece on it. It is linked on the front page of our website, or can be viewed at:  
<https://ottawachurches.ca/visiting-st-theresas-parish/>

### SAINT OF THE DAY: St. Francis of Assisi

Giovanni di Pietro di Bernardone known as Francis of Assisi, was an Italian mystic, poet and Catholic friar who founded the religious order of the Franciscans. Inspired to lead a Christian life of poverty, he became a beggar and an itinerant preacher.

Indulged by his parents, Francis lived the high-spirited life typical of a wealthy young man. Francis was handsome, witty, gallant and delighted in fine clothes. He spent money lavishly. Although many hagiographers remark about Francis' bright clothing, rich friends, and love of pleasures, his displays of disillusionment toward the world that surrounded Francis came fairly early in his life. A strange vision made him lose interest in worldly life. According to hagiographic accounts, thereafter Francis began to avoid the sports and feasts of his former companions. A friend asked him whether he was thinking of marrying, to which Francis answered: "Yes, a fairer bride than any of you have ever seen", meaning his "Lady Poverty".

One of the most venerated figures in Christianity, Francis was canonized by Pope Gregory IX on 16 July 1228. He is commonly portrayed wearing a brown habit with a rope tied around his waist, featuring three knots symbolizing the evangelical counsels of poverty, chastity, and obedience.

While Francis was praying on the mountain of Verna, during a 40-day fast in preparation for Michaelmas (29 September), he is said to have had a vision on 17 September 1224, three days after the feast of the Exaltation of the Cross, as a result of which Francis received the stigmata. Brother Leo, who had been with Francis at the time, left a clear and simple account of the event, the first definite account of the phenomenon of stigmata. "Suddenly he saw a vision of a seraph, a six-winged angel on a cross. This angel gave him the gift of the five wounds of Christ." Suffering from these stigmata and from trachoma, Francis received care in several cities (Siena, Cortona, Nocera) to no avail. He began to go blind and the bishop of Ostia ordered that his eyes be operated on which meant cauterizing the eyes with hot irons. Francis claims to have felt nothing at all when this was done.] In the end, he was brought back to a hut next to the Porziuncola. Here, Francis spent his last days dictating his spiritual testament. Francis died on the evening of Saturday, 3 October 1226, singing Psalm 141, "Voce mea ad Dominum".

### NUMBERS TO REMEMBER: 24/7 SUPPORTS

- 9-1-1 Life-threatening emergencies
- 2-1-1 Alternate Neighbourhood Crisis Response (ANCHOR) Line  
mental health and substance use crisis
- 3-1-1 Connect with the City of Ottawa, Request support someone sleeping on the street through the Salvation Army and Request a pick up and disposal of discarded needles or drug use supplies

Other #'s:

Mental Health Crisis Line 613-722-6914

Suicide Crisis Helpline 9-08-8

National Overdose Response Service 1-888-688-6677