



† - For the repose of the soul / in memory of the person(s) indicated

Sunday, January 28

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 p.m. ~

Tuesday, January 30

9:00 a.m. ~

Wednesday, January 31

Memorial of St. John Bosco

9:00 a.m. †Roman Przybycien by the family.

Thursday, February 1

9:00 a.m. ~

Friday, February 2

Feast of the Presentation of the Lord

9:00 a.m. Thanksgiving to the Holy Spirit, St. Thérèse of the Holy Face, and Saint Joseph for the removal of resistance between Judette and her mother and father by Marie Budden, Cyril and Elza.

Saturday, February 3

4:30 p.m. For Father Vincent's Intentions.

Sunday, February 4

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 p.m. ~

Please remember the sick in your prayers:

Michelle Boyer, Baby Ivy Murray, Nickie Shaw, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue, Alice Hilchie.

**Fourth Sunday in Ordinary Time – January 28, 2024-
World Day for Consecrated Life – February 2nd**

For those consecrated to God by the vows of chastity, poverty, and obedience, that they may seek to live their baptismal promises more intensely and have the grace to persevere in their commitment to the Lord, we pray to the Lord.

HOLY FATHER'S PRAYER INTENTION

For the terminally ill, ~ We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

**FOURTH SUNDAY IN ORDINARY TIME
(Year B)**

First Reading: Deuteronomy 18.15-20
Second Reading: 1 Corinthians 7.32-35
Gospel: Mark 1.21-28



Lectors & Commentators

Saturday, February 3

4:30 p.m. Cathy Major

Sunday, February 4

9:00 a.m. Edward Salazar
10:30 a.m. Kathy McVean

EUCCHARISTIC MINISTERS

Saturday, February 3

4:30 p.m. ~

Sunday, February 4

9:00 a.m. Edward Salazar
10:30 a.m. Miguel Planas, Peter Landry (Choir)

BULLETIN SURVEY

Fr. Vincent has spoken of the importance of using our gifts and talents in particular in service to our church. In the bulletin on the weekend, you will find a survey which we would like you to complete and return. On the survey are listed ministries that need more members, in some instances to ease the workload, and in others to fully implement the ministry. Please give prayerful consideration to joining one (or more) of these ministries by completing the form and returning it next Sunday at the back of the church. The next Social Sunday, February 4 after the 10:30 Mass, representatives of each ministry will be available in the hall to meet and answer any questions you may have. What are your talents, what can you share?

ADORATION AND CONFESSION

Our first Adoration & Benediction went very well last Thursday. Over 30 persons attended - there is hope for this ancient Catholic tradition of ours to continue. Our next A&B will be on Thursday, February 15 @ 6:00 - 7:00 pm, sacrament of confession administered during that time. Side doors of the church are open around 5:15 pm. Everybody is welcome.

CELEBRATION FOR CONSECRATED LIFE

Join us for a special Mass with Archbishop Damphousse and Bishop Mathieu, s.m. (homilist) followed by a light snack.

Venue:

Paroisse Saint Jean-Baptiste
96 avenue Empress
Ottawa, Ontario K1R 7G3 Canada
613-738-5025
reception@archottawa.ca
<https://fb.me/e/1ABH8RXBI>

EMPTY YOUR POCKETS

Since the parish began this initiative in February, 2023 a total of \$2595.35 has been donated by St. Theresa parishioners to the Centretown Food Centre. This is a wonderful demonstration of support for those struggling in our community, and of living the Gospel message among our neighbours. St. Theresa's is among the most generous of the local churches in our support for the Food Centre through this initiative and participation in the walkathon in September. Thank you so much for your generosity. Empty Your Pockets will continue the last Sunday of the month, with collection of food and toiletry items and that change in your pockets and purses.

MEN'S CURSILLO

The Ottawa Cursillo Movement is holding a Men's Weekend from February 1-4 at Centre de L'Amour in Plantagenet. The weekend is called a Cursillo. Cursillo is a Spanish word meaning "little" or "short" course. The Cursillo begins on Thursday evening with a short introduction and orientation and then the retreat phase begins. The weekend also includes a daily celebration of the Mass and times of prayer. A good part of each day is spent listening to talks given by a priest and Catholic lay men followed by group discussion. There are three meals provided each day. The weekend ends late Sunday afternoon.

OTTAWA POLICE CLOTHES COLLECTION

Brrr, it's cold outside. Do you have some extra winter clothing that you can donate to help others, a generous act of charity that will bring hope to others? An Ottawa police officer who collects clothes to give to people being released from custody says supplies have reached a "crisis level." Special Const. Susanne Kelly has collected winter clothing at the Ottawa Courthouse for many years. "When prisoners were being released, they were coming to court from jails, not properly clothed," she said. People arrested in summer or at night often aren't prepared to be released into cold weather. Lawyer Michael Spratt states that because the criminal justice system disproportionately deals with people who live in poverty and have mental health or addiction problems someone can walk out of jail or out of court, having been found not guilty of doing anything wrong and literally be released into the depths of an Ottawa winter without proper clothing. Winter clothing and boots can be dropped off at church and we will deliver them to the courthouse to help in this time of great need. Your generosity is always appreciated and welcome.

NIGHT OF WORSHIP AND MINISTRY

Join St. Mary's Parish, 100 Young St., Ottawa, for an evening of praise, prophecy, teaching, and healing on January 26 (Friday, 7-9 pm). Theme: Spiritual Breakthrough. Speaker: Fr. Roger Vandenakker, CC, General Superior of the Companions of the Cross. The Prayer and Prophetic Ministry members will be available to pray for you in person.

Info: Natalia Lacar (613-728-9811 x720;
night.worship.ministry@stmarysottawa.ca).

WISDOM FROM THE SAINTS

"When you give advice or counsel always try to send the person away satisfied and still friendly to you."

"Learn to flee from bad companions and bad books. Instead, look for good ones."

"One can have much fun without offending God."

~ Saint John Bosco