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† - For the repose of the soul / in memory of the person(s) indicated

Sunday, February 5

The Fifth Sunday in Ordinary Time

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. For the intentions of the Handmaids of the Lord.

Tuesday, February 7

9:00 a.m. -----

Wednesday, February 8

9:00 a.m. † Souls in Purgatory.

Thursday, February 9

9:00 a.m. -----

Friday, February 10

Feast of St. Scholastica 9 a.m.

Saturday, February 11

4:30 p.m. -----

Sunday, February 12

The Sixth Sunday in Ordinary Time

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. For the intentions of the Handmaids of the Lord.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Joan Marie (Ryan) Potvin, Michelle Boyer, Ann Taillon, Baby Ivy Murray, Nickie Shaw, Eugene Vargas, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki.



Saturday, February 11

4:30 p.m. Don Murphy

Sunday, February 12

9:00 a.m. Paulette Michel 10:30 a.m. Marie Comisso

HOLY FATHER'S PRAYER INTENTION

For parishes ~ We pray that parishes, placing communication at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Prayer for Vocations: Fifth Sunday in Ordinary Time – Feb. 5. That the grace of the Sacrament will be renewed by the Holy Spirit in all married people present here, we pray to the Lord.

FIFTH SUNDAY IN ORDINARY TIME (Year A)

First Reading: Isaiah 58.6-10++

Your light shall break forth like the dawn.

Second Reading: 1 Corinthians 2.1-5

I proclaimed to you the mystery of Jesus Christ, and him crucified.

Gospel: Matthew 5.13-16

You are the light of the world.

WORLD DAY OF THE SICK - FEBRUARY 11

The ministry of Jesus to the sick is central to the life of the Church. February 11 (Memorial of Our Lady of Lourdes) highlights the healing ministry of the church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

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MARRIAGE PREPARATION COURSE

St. Theresa Parish will host a Marriage Preparation course on **Friday evening**, **April 28**, **2023** and **all day Saturday**, **April 29**, **2023**. For more information and registration, contact the Parish office at 613-235-5119.

ST. THERESA CEILIDH FUNDRAISER

Hey neighbour, did you know that Hurricane Fiona was the costliest weather event to ever hit Atlantic Canada? The Insurance Bureau of Canada (IBC) estimates that many of those affected by the storm were located in high-risk flood areas and floodplains where residential flood insurance coverage is not available. The storm made landfall in Nova Scotia on September 25 and ripped through the region, knocking out power to more than 500,000 customers in the Maritimes. The hurricane caused violent winds exceeding 100 kilometres per hour, torrential rainfall, flooding, and downed trees, and resulted in several deaths, the IBC said. There was more than \$385 million in damage to Nova Scotia, \$220 million in Prince Edward Island and the storm also washed at least 20 homes into the ocean in Newfoundland. They still need our help in rebuilding their homes, and their communities.

Be a good neighbour, make plans to get your tickets to the St Theresa Ceilidh on **April 16**. Money raised will be matched by the Red Cross to help.

SOCIAL SUNDAY

Thank you to all who attended our first Social Sunday last Sunday. It was great to get back together and enjoy other parishioners. We are looking forward to the next Social Sunday on **Sunday April 2, 2023**.

CENTRETOWN EMERGENCY FOOD CENTRE

Our parish will be reinstating the monthly food collection for the emergency food centre in our local community. Dubbing the last Sunday of each month "Empty Your Pockets Sunday", both non-perishable food items and that loose change weighing down your pockets will be accepted and forwarded to the food bank. Our first collection will be at all Masses on the weekend of **Feb. 25/26**.

If you would be available to help out at one of the weekend Masses, please contact Kathy at 613-727-5763 for further information.

In the footsteps of Jesus...

By popular demand, some time ago, friends of Fr. Vincent approached him with a request to organize a pilgrimage to the Holy Land of Jesus. Finally, he is very pleased to announce that a 15-day pilgrimage will take place on **Monday**, **September 25 to October 10**, **2023**.

The pilgrimage includes Jerusalem, Bethlehem, Bethanv. Mount Olive, Old City of Jerusalem, Jaffa, Mount Carmel, Haifa - Nazareth, Mount Tabor, Cana, Sea of Galilee, Mount Beatitudes, Capernaum, Jordan River, Beit Shean, Jericho, Dead Sea, Masada, Crossing the Allenby/King Hussein Bridge - Dead Sea, Wadi Rum, Petra, Amman, Kerak, Mount Nebo, Madaba, Amman, Jerash and on to the Amman Queen Alia Airport. Based on a minimum of 20 with a maximum of 30 pilgrims, departure cost from Ottawa is \$5,450 that includes superior accommodations with breakfasts & dinners, assistance upon arrival & departure, fully escorted tour travelling on deluxe motor coach transportation with free WiFi as per itinerary, entrance fees as per program, tips for the guide and the driver. Lunches, personal expenses, and insurance are excluded.

For inquiries or clarifications contact: Dennis Kam: 613 581 5566 or dennis@jbctravel.ca Dennis will organize a session for the pilgrims after Easter for further information.

Note: there was a typo in Dennis Kam's email address published earlier. It has been corrected. We apologize for the inconvenience caused.

2022 INCOME TAX RECEIPTS

Income Tax receipts will be prepared in the coming weeks and can be obtained by placing a stamped, self-addressed envelope in the collection basket. Please write your 2022 envelope # on the envelope.

2023 PARISH ENVELOPES

2023 parish envelopes are available in the parish office.