



**MASSES OF THE WEEK**

† This symbol signifies repose of the soul.

**Sunday, March 2**

*Eighth Sunday in Ordinary Time*

9:00 a.m. For the parishioners of St. Theresa Parish

10:30 a.m. For the intentions of the Handmaids of the Lord.

†Leo Desmarteau, by the family.

†Diomira Contestabile, by the family.

**Tuesday, March 4**

9:00 a.m. †Chris Mooney, by Dave & Lynn Webb.

**Wednesday, March 5**

*Ash Wednesday*

9:00 a.m. †For the souls in purgatory.

**Thursday, March 6**

9:00 a.m. -

**Friday, March 7**

9:00 a.m. -

**Saturday, March 8**

4:30 p.m. For the protection of Canada & the well-being of all its citizens, by a parishioner.

**Sunday, March 9**

*First Sunday of Lent*

9:00 a.m. For the parishioners of St. Theresa Parish

10:30 a.m. For the intentions of the Handmaids of the Lord.

†Diomira Contestabile, by the family.

†Therese Dagenais, by Anne Bell.

†Rosemary Trainor, by Eleanor Ryan.

**Please remember the sick in your prayers:**

Michelle Boyer, Baby Ivy Murray, Nickie Shaw, Marie-Andrée Boyer, Patricia McNamara, Rachel McIntyre, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue, Alice Hilchie, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Lise Campbell, Elaine Taylor, Richard Lafleur, Wanda Staples, Judette & Marie.

**Vocation Prayer:**

- For an increase in those called to “fish” for God’s people, and for a deeper gratitude for the priests and bishops serving our diocese, we pray to the Lord.

**HOLY FATHER’S PRAYER INTENTION**

*For families in crisis ~ Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other’s gifts, even in their differences.*

**EIGHTH SUNDAY IN ORDINARY TIME  
(Year B)**

**First Reading: Sirach 27.4-7**

**Second Reading: 1 Corinthians 15.54-58**

**Gospel: Luke 6.39-45**



**Lectors & Commentators**

**Saturday, March 8**

4:30 p.m. Lynn Lavictoire

**Sunday, March 9**

9:00 a.m. Cheryl Calleja

10:30 a.m. Miguel Planas

**EUCCHARISTIC MINISTERS**

**Saturday, March 8**

4:30 p.m. -

**Sunday, March 9**

9:00 a.m. -

10:30 a.m. Miguel Planas - Choir

**25 JUBILEE FACTS**

**6. Pilgrimages**

[Pilgrimage](#) is at the heart of the Jubilee. Catholics from around the world are invited to journey to Rome and other holy sites. Pilgrims who enter through the Holy Doors will receive graces from the Jubilee.

**ST. THERESA 2025 CENSUS**

Please leave an envelope/piece of paper with your full name, phone number, and email in the collection’s basket. Please call the secretary if you are uncertain if they have your contact information. This confirmation is greatly appreciated. Thank you for your attention and time.

### WARM CLOTHING WANTED

Did you get a new wardrobe for Christmas and now you are not sure what to do with your old clothes? Gently used clothing can be brought to church and the Social Outreach Committee will deliver them to The Shepherds of Good Hope, The Ottawa Mission, Matthew's Refuge Homes and women's shelters. Warm clothing is desperately needed in Ottawa. Please help if you can.

### CONVERSION STORY

Jonathan Lunine, chief scientist at NASA's Jet Propulsion Lab, shared the story of his conversion to Catholicism at a Jan. 28 lecture at the University of Southern California's Caruso Catholic Center. Lunine, a lifelong astronomer and co-founder of the Society of Catholic Scientists, spoke after Los Angeles' first-ever Gold Mass for Catholics in the Sciences, which Archbishop José H. Gomez celebrated at Our Savior Church, on USC's campus. In his talk, Lunine recounted his journey from Judaism to Methodism before ultimately embracing Catholicism, influenced by the Jesuit fathers and brothers working at the Vatican Observatory. "Gradually, my stubborn heart was moved," Lunine said, "I just suddenly realized that it was time to stop running from the one who had comforted me 33 years earlier." The event, marking the 800th anniversary of St. Thomas Aquinas' birth, was organized as part of a "broader effort to empower Catholic thinkers working in academic and professional circles increasingly dominated by secularist thought". Lunine stressed the need to inspire young Catholics to integrate their faith with scientific achievement, citing historical examples of Catholic scientists. He also addressed common misconceptions about the relationship between science and religion. "However close science might seem to get to Thomistic philosophy, or however far it might get, science can never be used to prove or disprove the existence of God," Lunine said. He also encouraged aspiring Catholic scientists to search for scientific inspiration in the mystery of Christ's incarnation. "I urge those of you pursuing a career in science to embrace it. Strive to be your best, do great science, and, at the same time, embrace your faith, open your heart to the God who loves you."

### KOFC PANCAKE BREAKFAST

#### Knights of Columbus Pancake Breakfast:

16 March 2025, following the 9 am and 1030 am Masses. \$10 for adults, \$5 for young people under 12. Free for those under 5 and 80 years young or older.

### PILGRIMAGE OF HOPE MARCH 19, 2025 ST. JOSEPH'S ORATORY

With Fr. John Ogbaje and Queenship of Mary Sisters - Our Itinerary for the day: Holy Rosary, Confession, Holy Mass, Veneration of Relic of St. Brother Andre Divine Mercy Chaplet, Conference with Fr. Arul We leave from St Basil's Church - Depart at 8:00 am / Return at 6:00pm The cost is \$100.00 which includes, transportation and lunch We will start the Novena to St. Joseph on March 10th To register contact: Stan & Maria sbielec@sympatco.ca 613.914.0427

### KNOW YOUR SAINTS

#### Saint of the Day for February 24: Luke Belludi

In 1220, Saint Anthony was preaching conversion to the inhabitants of Padua when a young nobleman, Luke Belludi, came up to him and humbly asked to receive the habit of the followers of Saint Francis. Anthony liked the talented, well-educated Luke and personally recommended him to Francis, who then received him into the Franciscan Order.

Luke, then only 20, was to be Anthony's companion in his travels and in his preaching, tending to him in his last days and taking Anthony's place upon his death. He was appointed guardian of the Friars Minor in the city of Padua. In 1239, the city fell into the hands of its enemies. Nobles were put to death, the mayor and council were banished, the great university of Padua gradually closed and the church dedicated to Saint Anthony was left unfinished. Luke himself was expelled from the city but secretly returned. At night he and the new guardian would visit the tomb of Saint Anthony in the unfinished shrine to pray for his help. One night a voice came from the tomb assuring them that the city would soon be delivered from its evil tyrant.

After the fulfillment of the prophetic message, Luke was elected provincial minister and furthered the completion of the great basilica in honor of Anthony, his teacher. He founded many convents of the order and had, as Anthony, the gift of miracles. Upon his death he was laid to rest in the basilica that he had helped finish and has had a continual veneration up to the present time.

#### Reflection

The epistles refer several times to a man named Luke as Paul's companion on his journeys. Perhaps every great preacher needs a Luke; Anthony surely did. Luke Belludi not only accompanied Anthony on his travels, he also cared for the great saint in his final illness and carried on Anthony's mission after the saint's death. Yes, every preacher needs a Luke, someone to offer support and reassurance—including those who minister to us.

### JUBILEE YEAR TOUR 2025

Sept. 1<sup>st</sup> - 16<sup>th</sup> 2025

Cost: \$4,600 per person double occupancy  
Includes: Airfare, Hotels with free breakfast  
Private Motorcoach

Visiting: Italy, France, Switzerland, Luxembourg  
Germany and Czech Republic

Features: Holy Doors (opened every 25 years)  
Audience with the Pope  
Basilicas, Castles, Chateaus  
Charming Old City Squares  
Infant Jesus of Prague  
Time for Shopping

To join the tour, please call: 613 874 0111

Please speak slowly and clearly.

Please leave name, message and phone number.