

FOURTH SUNDAY IN ORDINARY TIME



MASSES OF THE WEEK

† - For the repose of the soul / in memory of the person(s) indicated

Sunday, January 29

The Fourth Sunday in Ordinary Time

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. † Rae McCarthy by Anne and Keith Bell.
For the intentions of the Handmaids of the Lord.

Tuesday, January 31

Feast of St. John Bosco

9:00 a.m. † Joan Dazé by the family.

Wednesday, February 1

9:00 a.m. † Souls in Purgatory.

Thursday, February 2

The Presentation of the Lord

9:00 a.m. -----

Friday, February 3

9 a.m. -----

Saturday, February 4

4:30 p.m. -----

Sunday, February 5

The Fifth Sunday in Ordinary Time

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. -----

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Joan Marie (Ryan) Potvin, Michelle Boyer, Ann Taillon, Baby Ivy Murray, Nickie Shaw, Eugene Vargas, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki.

HOLY FATHER'S PRAYER INTENTION

For parishes ~ We pray that parishes, placing communication at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Prayer for Vocations: Fourth Sunday in Ordinary Time – Jan. 29. For those called to service for the Lord as priests, sisters and brothers, that they will be encouraged to follow the Lord and be faithful to His choice of them, we pray to the Lord.

FOURTH SUNDAY IN ORDINARY TIME (Year A)

First Reading: Zephaniah 2.3; 3.12-13

I will leave in the midst of you a people humble and lowly.

Second Reading: 1 Corinthians 1.26-31

God chose what is weak in the world.

Gospel: Matthew 5.1-12

Blessed are the poor in spirit.

2023 PARISH ENVELOPES

2023 parish envelopes are available in the parish office.



Lectors & Commentators

Saturday, February 4

4:30 p.m. Lyn Fong

Sunday, February 5

9:00 a.m. Darrell Herauf
10:30 a.m. Kathy McVean

“HEARTS FOR THE MARITIMES”

Save Sunday, April 16 for a special fundraiser. Our St. Theresa Synodal Committee is hosting a special luncheon to raise funds for the devastation caused by Hurricane Fiona in the Maritime provinces last September. The Maritime provinces were hit badly, and they are still in the process of trying to rebuild towns, homes, and communities. We hope to have special “Down East” entertainment and lots of fun. Tickets will be on sale shortly. Time to help our friends, our families, our neighbours.

FAITH GROUP INVITATION

Looking for an opportunity to learn more about the Mass? The St. Theresa Parish Faith Group is embarking on a new weekly series about the biblical roots of the Mass. Why not join us **every Tuesday night from 7:00 to 9:00 pm** via zoom? The new session will be starting at the beginning of February. If you are interested, contact Deacon Will by email at: Lynn.and.Will@sympatico.ca.

CENTRETOWN EMERGENCY FOOD CENTRE

For many years, St. Theresa parishioners have been generous and faithful contributors to the Centretown Emergency Food Centre. During the pandemic, it was difficult to maintain that support. Now it is time to re-energize our efforts to support our neighbours. And the need is great. The demand on food centres has increased by 37.5% in just the last year. Beginning in February, we will reinstate the monthly food collection at each of our weekend Masses.

Every little bit counts. Even the change in our pockets or purses can help. On each food collection Sunday, there will be a basket to drop in loose change (or more if you wish). Know that every one dollar donated can generate five dollars in food, with the food centre's bulk purchasing power.

If you would be available to help out at one of the weekend Masses, please contact Kathy at 613-727-5763 for further information.

2022 INCOME TAX RECEIPTS

Income Tax receipts will be prepared in the coming weeks and can be obtained by placing a stamped, self-addressed envelope in the collection basket. Please write your 2022 envelope # on the envelope.

MARRIAGE PREPARATION COURSE

St. Theresa Parish will host a Marriage Preparation course on Friday evening, April 28, 2023 and all day Saturday, April 29, 2023. For more information and registration, contact the Parish office at 613-235-5119.

In the footsteps of Jesus...

By popular demand, some time ago, friends of Fr. Vincent approached him with a request to organize a pilgrimage to the Holy Land of Jesus. Finally, he is very pleased to announce that a 15-day pilgrimage will take place on **Monday, September 25 to October 10, 2023**.

The pilgrimage includes Jerusalem, Bethlehem, Bethany, Mount Olive, Old City of Jerusalem, Jaffa, Mount Carmel, Haifa - Nazareth, Mount Tabor, Cana, Sea of Galilee, Mount Beatitudes, Capernaum, Jordan River, Beit Shean, Jericho, Dead Sea, Masada, Crossing the Allenby/King Hussein Bridge – Dead Sea, Wadi Rum, Petra, Amman, Kerak, Mount Nebo, Madaba, Amman, Jerash and on to the Amman Queen Alia Airport. Based on a minimum of 20 with a maximum of 30 pilgrims, departure cost from Ottawa is \$5,450 that includes superior accommodations with breakfasts & dinners, assistance upon arrival & departure, fully escorted tour travelling on deluxe motor coach transportation with free WiFi as per itinerary, entrance fees as per program, tips for the guide and the driver. Lunches, personal expenses, and insurance are excluded.

For inquiries or clarifications contact: Dennis Kam: 613 581 5566 or dennis@jbetravel.ca Dennis will organize a session for the pilgrims after Easter for further information.

ATTENTION ALL MEN!

The Knights of Columbus are pleased to invite you to a special ceremony of admission and advancement. The Knights of Columbus ceremony advances new and existing members through the lesson of Charity, Unity and Fraternity required by a 3rd degree member. These ceremonies, known as Exemplification, are either done in person or virtually (Zoom). The ceremony takes approximately 30 minutes to complete. Once completed, you will become a 3rd degree Knight. Friends and family members are welcome to the ceremony.

If you join the Knights of Columbus online before June 2023, your membership dues will be free for a year.

If you are interested, please contact, Roger Richard, 613-277-5423 or roger-richard@rogers.com.

"We do not go to Holy Communion because we are good; we go to become good."

— St. John Bosco