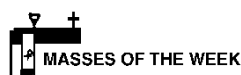


SUNDAY (Liturgical will change to current date each week)



† This symbol signifies repose of the soul.

Sunday, August 30

Twenty-Second Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord

†Leo Desmarreau

In honour of the Queenship of the Blessed
Virgin Mary, by Jeannette of Nazareth

Tuesday, September 1

Weekday

9:00 a.m.

†Diomira Contestabile, by Marianne
Contestabile

Wednesday, September 2

Weekday

9:00 a.m.

†For the souls in purgatory

Thursday, September 3

St. Gregory the Great, Pope and Doctor of the Church

9:00 a.m.

Friday, September 4

Weekday

9:00 a.m.

Margaret Vice, by Peter

Saturday, September 5

Weekday

4:30 p.m.

*For the protection of Canada & for the well-
being of all its citizens, by a parishioner*

†Odile (Beaupre) Ostrowski, by Yvonne
Beaupre

For help from Our Lady Undoer of Knots, by
Jeannette of Nazareth

Sunday, September 6

Twenty-Third Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord
For the intention of Lauren, by her father, Adam

PLEASE NOTE:

Tues.-Fri. 9am Masses – only 1 intention per Mass (ideally)

Sat. Vigil & Sun. 10:30am Masses – can have up to 3 intentions

Please remember these sick people in your prayers:

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmunt Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

HOLY FATHER'S PRAYER INTENTION

For evangelization in the city ~

Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

TWENTY-SECOND SUNDAY IN ORDINARY TIME (Year A)

First Reading: Jeremiah 20.7-9

Second Reading: Romans 12.1-2

Gospel: Matthew 16.21-27



Lectors & Commentators

Saturday, September 5

4:30 p.m.

Lyn Fong

Sunday, September 6

9:00 a.m.

Darrell Herauf

10:30 a.m.

Barbara Rawdon

EUCCHARISTIC MINISTERS

Saturday, September 5

4:30 p.m.

Lyn Fong

Sunday, September 6

9:00 a.m.

Wendy Schieman

10:30 a.m.

Peter Landry

Vocation Prayer:

That all in the Church will accept their vocation to holiness, we pray to the Lord.

BAZAAR – DROP OFF & PICK UP

The next donation drop off will be **Sat., Sept. 12 (9:30-11am)** in the parish hall. If you have items but need help, please contact Kathleen to arrange a pick up: Kathleen@TalentMatchllc.com.

EMPTY YOUR POCKETS

At Masses this Sunday, volunteers will be at the doors to receive donations for our local Centretown Food Centre. Anything you give helps fight food insecurity in our community. Did you know that 1 in 4 local families experience food insecurity? In their 2025 report, the Ottawa Food Bank notes that local food centre use has risen by 101% since 2019. Your support makes a difference!

NEXT BUS TRIP

Just in time for your Thanksgiving celebration, the Social Outreach Committee is planning a bus trip to the Ottawa Valley, on Friday October 2. We will visit a number of Mennonite farms and markets. The bus will stop for coffee in the Golden Lake Reserve, visit the eclectic stores in Barry's Bay and a unique gift store in Renfrew. Tickets are \$45. This a charitable fundraiser.

EUROPEAN PILGRIMAGE

Pilgrimage to Belgium, the Netherlands and Luxembourg with Fr. Francis Ching, CC. April 22 – May 4, 2027. 13 days/11 nights with a 2-day optional extension to May 6. Price includes all costs except for 10 lunches. \$7335 per person (double occ.). Info. meeting on Nov. 15 (2pm) at St. Mary's parish. For more info., contact Laurie Courchesne-Dooley: 613-732-5739 or lafrcondo@outlook.com.

ANSWER THE CALL BENEFIT GALA (OCT. 29)

Mark your calendars! You are invited to the Answer the Call Benefit Gala, an evening of faith, fellowship, and joyful support for priestly vocations in our Archdiocese:

October 29th (5-9 p.m.)
Ottawa Conference and Event Centre
\$150 per person (until Aug. 31), then \$165
A partial tax receipt issued with each ticket



For tickets, scan the QR code or visit:
www.canadahelps.org/en/charities/ADOC/events/gala-26

MINISTRY OF LECTORS, COMMENTATORS & EUCHARISTIC MINISTERS

Each weekend Mass, we welcome the congregation, proclaim the Word, and assist during Communion. In each role, we can participate more actively and meaningfully in Mass. If you feel called to serve as a Lector, Commentator, or Eucharistic Minister, please contact Cathy: 613-565-6179 or cathy.daylily@gmail.com.

SAINTS OF THE DAY

As our children head back to school, it is good to recognize the saints who have lived as great teachers, educators and mentors. Pope Leo XIV will name St. John Henry Newman a patron saint of Catholic education this October. He will join several other patron saints of other aspects of education:

St. Thomas Aquinas: A scholar and Doctor of the Church, he is considered one of the Catholic Church's greatest theologians and philosophers. He is the patron saint of Catholic colleges and universities, teachers, philosophers, theologians, and students.

St. Albert the Great: A provincial of the Dominican order and teacher of St. Thomas Aquinas. He is also a Doctor of the Church and patron saint of science students, due to his belief that science and faith are compatible.

St. Joseph of Cupertino: A Conventual Franciscan Friar, he was an Italian mystic who was known for struggling with his studies. He is a patron saint of students, especially those preparing to take exams.

St. Jean-Baptiste de La Salle: A French priest, educational reformer, and founder of the Institute of Brothers of the Christian Schools. He is a patron saint of teachers.

St. Scholastica: The foundress of the women's branch of Benedictine monasticism, which focuses on prayer, work, and study. Her name also means "scholar." Therefore, she is a patron saint of education.

St. Francis de Sales: Known for his influential writings on spiritual direction and formation, he is the patron saint of writers, journalists, the Catholic press, and educators.

St. Elizabeth Ann Seton: Considered the foundress of the Catholic school system in the United States, making her a patron of Catholic schools. In 1810, she opened the first Catholic girls' school in Emmitsburg, Maryland. It was also here where she founded the first American congregation of religious sisters, the Sisters of Charity.

St. Gemma Galgani: Considered a patron saint of students, because she was an exceptional and diligent student who excelled in her education despite her fragile health.

St. Catherine of Alexandria: A fourth-century noblewoman and scholar, she is a patron saint of students, teachers, and librarians due to her incredible skills in debate, which led to many conversions among pagan philosophers.

Source: www.ewtnvatican.com

"For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy."

- St. Theresa of the Child Jesus