

SEVENTH SUNDAY IN ORDINARY TIME



† - For the repose of the soul / in memory of the person(s) indicated

Sunday, February 19

The Seventh Sunday in Ordinary Time

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. † Anita Smith by her son, Richard.
For the intentions of the Handmaids of the Lord.

Tuesday, February 21

9:00 a.m. -----

Wednesday, February 22

Ash Wednesday

9:00 a.m. † Souls in Purgatory.

Thursday, February 23

9:00 a.m. -----

Friday, February 24

9 a.m. -----

Saturday, February 25

4:30 p.m. † Margaret Cormier by her children Helen and Ray.
† Wayne Quan by his family.

Sunday, February 26

First Sunday of Lent

9:00 a.m. For the parishioners of St. Theresa Parish.
10:30 a.m. † Helen Alice St. Denis by Ching and Roger Richard.
† Maeve Collins by the Collins Mayer Clan with love.
For the intentions of the Handmaids of the Lord.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Joan Marie (Ryan) Potvin, Michelle Boyer, Ann Taillon, Baby Ivy Murray, Nickie Shaw, Eugene Vargas, Marie-Andrée Boyer, Patricia McNamara, Raechael McIntyre, Moli Coletti, Zygmunt Wysocki, Linda MacNay, Theresa Tam-Sue.



Saturday, February 25

4:30 p.m. Don Murphy

Sunday, February 26

9:00 a.m. Darrell Herauf
10:30 a.m. Children

HOLY FATHER'S PRAYER INTENTION

For parishes ~ We pray that parishes, placing communication at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Prayer for Vocations: Seventh Sunday in Ordinary Time – February 19: For perseverance in sincere prayer on the part of the faithful, asking the Lord for holy vocations to the priesthood, diaconate and consecrated life, we pray to the Lord.

SEVENTH SUNDAY IN ORDINARY TIME (Year A)

First Reading: Leviticus 19.1-2, 17-18
You shall love your neighbour as yourself.

Second Reading: 1 Corinthians 3.16-23
All things belong to you, and you belong to Christ, and Christ belongs to God.

Gospel: Matthew 5.38-48
Love your enemies and pray for those who persecute you.

MARRIAGE PREPARATION COURSE

St. Theresa Parish will host a Marriage Preparation course on **Friday evening, April 28, 2023** and **all day Saturday, April 29, 2023**. For more information and registration, contact the Parish office at 613-235-5119.

ASH WEDNESDAY, February 22

Ash Wednesday, the imposition of ashes will take place immediately after the **9:00 a.m.** Eucharistic Celebration.

LENTEN DISCIPLINES

Lent calls us to three actions: fasting, praying and almsgiving:

Fasting & Abstinence: Ash Wednesday and Good Friday are days of abstinence from meat for Catholics aged 14 and older. In addition, Catholics from age 18-59 should fast limiting themselves to one full meal and two smaller meals each day.

Prayer: We pray to grow close to God - the source of our strength & the inspiration for how we live in the world.

Almsgiving: We give alms because we are inspired by God's love for every part of His creation. We respond with charity—helping others in their need—and with justice—being transformed ourselves, in order to bring about the kingdom of God.

ST. THERESA CEILIDH FUNDRAISER

The day after Tropical Storm Fiona hit tiny P.E.I. over 4,500 Maritime Electric customers were affected by power outages across P.E.I. Kim Griffin, a spokesperson for Maritime Electric, said in an update six days later that some customers could be without power until Oct. 14 — **three weeks** after Fiona hit the region.

They needed help from their neighbours. You can help restore their homes and communities. On **April 16**, you can join us for the "Hearts for the Maritimes" luncheon. Tickets are on sale this weekend after each Mass. Tickets are \$40 with a \$20 tax receipt. Money raised will be matched by the Red Cross to help.

KNIGHTS OF COLUMBUS PANCAKE BREAKFAST

Everyone is invited to the KofC Pancake Breakfast next Sunday, **February 26 after both Masses.**

Tickets are: \$8.00/adult and Free/children under 12. This Breakfast is a fundraising for the Charitable Works of the Knights of Columbus.

We thank everyone for your support.

EMPTY YOUR POCKETS SUNDAY

Next Sunday, the last Sunday of the month, St. Theresa Parish, in partnership with the Knights of Columbus, will reinstate our monthly food collection for the Centretown Emergency Food Centre. All non-perishable donations are welcome, but there is a particular need for peanut butter, canned meats and fish, and canned soups. Donations should be left just behind the back row of pews in the church. Cash donations of change, etc. also will be accepted at the end of each Mass. Thank you for your generosity.

MARY'S WAY OF THE CROSS FOR LENT

A Lenten Journey Through Mary's Eyes. This Way of the Cross takes us through Lent to Easter. It begins in ashes and enters the desert of our emptiness. Fridays during lent: **March 3, 10, 17, 24, 31** and ending on **Good Friday, April 7.** Starting at 6:45pm with hymns and 7pm Mary's Way of the Cross. Sponsored by the Committee of the Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape. Info at mike.budge@bell.net. Zoom link: <https://us02web.zoom.us/j/86321925761?pwd=aVlOdzF0ZzJHWjZoaFITODRVTEwxdz09>

DO SOMETHING AMAZING RETREAT

Are you between 18-30? Do you want to deepen your faith and share it with youth across Canada alongside other young Catholic adults like you? NET Canada invites YOU to a Do Something Amazing Retreat on **Sat., February 25, 10:00 am - 5:30 pm** at Annunciation of the Lord Parish. Come find out what's it like to be a NET missionary and how you can radically change the lives of young people across Canada through the life-changing message of the Gospel! Register at netcanada.ca/apply. Have questions? Email recruit@netcanada.ca or call/text 613-292-9991.

The office will be closed on **Monday, February 20th.**

**"Remember that You are Dust
and to Dust You Shall Return."**

Ecclesiastes 3:20