

SECOND SUNDAY OF LENT



MASSES OF THE WEEK

† - For the repose of the soul / in memory of the person(s) indicated

Sunday, March 13

9:00 a.m. For the parishioners of St. Theresa Parish.

10:30 a.m. For the intentions of the Handmaids of the Lord.
† Leo Desmarteau by Barbara Browne.
† Howard McVean by his daughter Kathy.

Tuesday, March 15

9:00 a.m. -----

Wednesday, March 16

9:00 a.m. † Souls in Purgatory.

Thursday, March 17

9:00 a.m. † David Dole brother-in-law of Patricia Marsden Dole.

Friday, March 18

9:00 a.m. -----

Saturday, March 19

Feast of St. Joseph, spouse of the Blessed Virgin Mary

4:30 p.m. † Dr. Wayne Quan by his wife and family.

PLEASE REMEMBER THE SICK IN YOUR PRAYERS:

Ann Taillon, Baby Ivy Murray, Nickie Shaw, Christian Diaz, Eugene Vargas, Marie-Andrée Boyer, Michelle Boyer, Patricia McNamara, Norbert Dacquay, Raechal McIntyre, Marcelo Pimentel, Moli Coletti, Zygmunt Wysocki and Melchisedec Candido.



Lectors & Commentators

Saturday, March 12

4:30 p.m. Lyn Fong

Sunday, March 13

9:00 a.m. Paulette Michel

10:30 a.m. Miguel Planas

2021 INCOME TAX RECEIPTS

2021 Income tax receipts are ready. They can be obtained by placing a stamped, self-addressed envelope in the collection basket. Please write your 2021 envelope # on the envelope.

HOLY FATHER'S PRAYER INTENTION

A Christian Response to Bioethical Challenges ~ We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

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Year C

First Reading: Genesis 15.5-12, 17-18

The Lord made a covenant with Abraham, his faithful servant.

Second Reading: Philippians 3.17 – 4.1

Christ will transform our humble bodies, conforming them to his glorious body.

Gospel: Luke 9.28b-36

While Jesus prayed, the appearance of his face changed.

LENTEN DISCIPLINES

Lent calls us to three actions: fasting, praying and almsgiving:

Fasting & Abstinence: Ash Wednesday and Good Friday are days of abstinence from meat for Catholics aged 14 and older. In addition, Catholics from age 18-59 should fast limiting themselves to one full meal and two smaller meals each day.

Fridays during Lent are days of abstinence from meat in the Archdiocese of Ottawa, unless prevented by poor health.

We fast from things we enjoy. When we do this, we create space for God.

Prayer: We pray to grow close to God - the source of our strength and the inspiration for how we live in the world.

Almsgiving: We give alms because we are inspired by God's love for every part of His creation. We respond with charity—helping others in their need—and with justice—being transformed ourselves, in order to bring about the kingdom of God.

MARRIAGE PREPARATION COURSE

St. Theresa Parish will be hosting a Marriage Preparation Course on Friday evening, April 22, 2022, and all-day Saturday, April 23, 2022. The course will be held in the parish hall subject to Government restrictions and guidelines, as well as health and safety concerns, otherwise it will be held via Zoom. The cost is \$100 per couple (cost may change).

For more information to register for the course, please email the parish office sttheresa@rogers.com or call 613-235-5119.

KNIGHTS OF COLUMBUS MEMBERSHIP DRIVE

Knights of Columbus Membership Drive
March 19-20 and March 26-27, 2022 in Honor of the Founder Blessed Father Michael J. McGivney:

At all Masses, we will be handing out some information at the Church entrance that will explain a little bit more about who we are and why we need you to join with us in fulfilling the mission. Please pick up a brochure and consider learning more about the Knights of Columbus. over the next few days.

FATHER VINCENT'S LENTEN TALKS

- *Seeking Intimacy with Jesus on my Journey* -

Our pastor, Fr. Vincent Pereira will be giving a series of virtual talks during the Lenten season by ZOOM titled "*Seeking Intimacy with Jesus on my Journey*".

The sessions, which take place from 7:00pm to 7:40pm began on Ash Wednesday evening, and will take place each Tuesday and Wednesday evening throughout Lent until Holy Week. Each session will be different (no repeat) and participants may attend any or all talks. The same Zoom invitation will be used for all sessions to facilitate access. The Zoom link will be sent to you prior to the first session on Ash Wednesday.

To register, please send an email message providing name, phone number, and email address to our coordinator, Darrell Herauf at darrell.herauf@gmail.com

2022 PARISH ENVELOPES

Everyone is encouraged to use pre-authorized donations to keep our parish strong and thriving.

A limited number of 2022 parish envelopes are available in the parish office, only for those who do not use pre-authorized donations.

Please write your full name, address and telephone number on the first few envelopes you use in 2022 and **always indicate the amount** of your donation on each envelope. It is important for income tax purposes.

NICKELS AND DIMES FOR UKRAINE

The children of St Theresa are collecting dimes and nickels to donate to the Red Cross for Ukraine. Please consider sharing them with the children if you have any small coin to share. During Lent it is beautiful for them to share and pray for children all over the world and especially today for the children in Ukraine. Thanks,

SPRING CRAFT SALE

Spring Craft Sale In support of Miriam Centre
Friday March 18, 2022 3 – 9 pm and
Saturday March 18, 2022 10 am-6 pm
In Gloucester Centre, 1980 Ogilvie Rd
Proceeds to help pregnant women and their families.

SYNOD CORNER

Sharing Synod Videos & News - We want to share your experiences of the Synod with others in the Archdiocese. If you have good news stories or events to share, please email synod@ArchOttawa.ca. If you wish to share short videos (approx. 3 minutes) you can find more info at this link: <https://en.archoc.ca/synod-videos>.

Updates - Diocesan Synod -If you would like to receive updates about the Synod and other Catholic material via Flocknote, please register here: <https://en.archoc.ca/flocknotes>.

SENIORS' CORNER

COVID-19 Support Services - Working together to help seniors and adults living with disabilities:
<https://coaottawa.ca/special-covid-19-updates/>

ALPHA FOR SENIORS

Feeling Down? Feeling Forlorn? Need a little spiritual and faith refreshment? Sessions beginning Tuesday afternoon, Feb. 15 at 3:00pm via ZOOM. Free. Offered by Ottawa-Cornwall Catholic Seniors.

Registration details: <https://www.facebook.com/Ottawa-Cornwall-Catholic-Seniors-101395388872197>
or <https://en.archoc.ca/seniors>.

Info: Patricia Marsden-Dole
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