

SUNDAY (Liturgical will change to current date each week)



† This symbol signifies repose of the soul.

Sunday, February 8

Fifth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord.

Tuesday, February 10

9:00 a.m.

†Eric Bradet, on behalf of the rosary makers.

Wednesday, February 11

9:00 a.m.

†For the souls in purgatory.

†Lorenzo De Los Angeles on the 1st anniversary of his death, by Melody De Los Angeles.

Thursday, February 12

9:00 a.m.

†Christopher and Jon by the Reardon family

Gay and Melanie by the Reardon family.

Friday, February 13

9:00 a.m.

Saturday, February 14

St. Cyril and St. Methodius

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner.

Sunday, February 15

Sixth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord.

Please remember these sick people in your prayers:

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmunt Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn & Jim Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

**FIFTH SUNDAY IN ORDINARY TIME
(Year A)**

First Reading: Isaiah 58.6-10

Second Reading: 1 Corinthians 2.1-5

Gospel: Matthew 5.13-16



Lectors & Commentators

Saturday, February 14

4:30 p.m. Marie Comisso

Sunday, February 15

9:00 a.m. George Hack

10:30 a.m. Sebastien Saber

EUCCHARISTIC MINISTERS

Saturday, February 14

4:30 p.m. Marisa Fusaro – C & EM

Sunday, February 15

9:00 a.m. ---

10:30 a.m. Sebastien Saber - Choir

ARCHBISHOP'S FUND FOR MISSION ADVANCEMENT

On February 22, 2026 (First Sunday of Lent, the Diocesan & Missionary Works special collection is taken up to support the Archbishop's Fund for Mission Advancement. This fund enables Archbishop Dampousse to respond to real needs and opportunities that further the mission of the Church, especially here in our own Archdiocese of Ottawa–Cornwall, on behalf of the faithful of the diocese.

This collective source of discretionary funding allows the Archbishop to respond prayerfully, generously, and quickly to the many requests for support he receives on an annual basis.

Your contribution to this fund allows Archbishop Dampousse to make thoughtful and strategic investments in organizations, ministries, and projects that directly benefit our communities by:

- advancing initiatives for evangelization, discipleship and outreach
- witness to Christ through charitable works,
- and supporting needs within the local Church and beyond.

YOU HAVE THE RIGHT TO BE CARED FOR:

#SayNOtoMAID

actionlife.org

A Pastoral Word from your Archbishop:

As your Archbishop, I am deeply aware of the questions, fears, and uncertainties that many people face when dealing with serious illness, suffering, or the end of life—whether for themselves or for someone they love. These moments touch us all, and they deserve compassion, clarity, and care.

This pamphlet is offered to help explain the difference between palliative care and Medical Assistance in Dying (MAID), using simple and respectful language. It is not meant to judge or blame, but to inform, to accompany, and to encourage thoughtful reflection. As a Church community, we believe that every person deserves to be cared for with dignity, tenderness, and hope, especially during times of vulnerability.

To all who are living with illness, caring for a loved one, or facing difficult decisions, please know that you are not alone. Our Church wishes to walk with you, to listen, and to support you with understanding and compassion.

May we continue to build a society where care, presence, and solidarity are at the heart of how we respond to suffering. May we never forget that dignity does not disappear with illness, and that love has the power to bring comfort even in the most challenging moments

With my prayers and blessing,

✠ Marcel Damphouse
Archbishop of Ottawa-Cornwall

A Pastoral Word from your Archbishop:

Palliative care is a specialized approach within the Canadian healthcare system that focuses on comfort, dignity, and quality of life for people living with a serious or life-limiting illness. It can be provided at any stage of illness and alongside other medical treatments.

The purpose of palliative care is not to cure disease, but to relieve suffering and support the whole person—physically, emotionally, socially, and spiritually. It helps manage pain and symptoms such as shortness of breath, nausea, or anxiety, while also offering support and guidance to families and caregivers.

At its heart, palliative care reflects our shared responsibility to care for one another. It affirms that every life has value and that no one should face illness, frailty, or death alone. Through presence, listening, and practical help, palliative care offers reassurance and human connection.

Palliative care is not “giving up.” Many people in Canada receive palliative care while continuing other treatments. Its goal is to help people live as fully and comfortably as possible for as long as they live. Palliative care can be provided in many settings: at home through home-care services, in hospitals, in long-term care homes, or in hospices when additional support is needed. Care is flexible and adapts to each person’s needs, wishes, and circumstances.

Medical Assistance in Dying (MAID), by contrast, intentionally brings life to an end. Palliative care takes a different path. It does not hasten death but walks with the person through illness with gentleness and respect, focusing on comfort, dignity, and care until natural death.

Choosing palliative care means choosing accompaniment, support, and compassion—trusting that every life remains worthy of care until the very end.