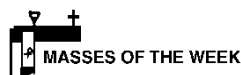


SUNDAY (Liturgical will change to current date each week)



† This symbol signifies repose of the soul.

**Sunday, March 22**

*Fifth Sunday of Lent*

9:00 a.m.

*For the parishioners of St. Theresa Parish*

10:30 a.m.

*For the intentions of the Handmaids of the Lord.*

**Tuesday, March 24**

9:00 a.m.

†Beryl Lamsee, by her son.

**Wednesday, March 25**

*The Annunciation of the Lord*

9:00 a.m.

†For the souls in purgatory.

**Thursday, March 26**

9:00 a.m.

**Friday, March 27**

9:00 a.m.

**Saturday, March 28**

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner.

**Sunday, March 29**

*Palm Sunday of the Passion of the Lord*

9:00 a.m.

*For the parishioners of St. Theresa Parish*

10:30 a.m.

*For the intentions of the Handmaids of the Lord.*

**Please remember these sick people in your prayers:**

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmunt Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn & Jim Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

**HOLY FATHER'S PRAYER INTENTION**

*For disarmament and peace ~ Let us pray that nations work toward effective disarmament, especially nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.*

**FIFTH SUNDAY OF LENT  
(Year A)**

**First Reading:** Ezekiel 37.12-14

**Second Reading:** Romans 8.8-11

**Gospel:** John 11.1-45



Lectors & Commentators

**Saturday, March 28**

4:30 p.m. Marie Comisso

**Sunday, March 29**

9:00 a.m. Cheryl Callija

10:30 a.m. Children

**EUCHARISTIC MINISTERS**

**Saturday, March 28**

4:30 p.m. ---

**Sunday, March 29**

9:00 a.m. ---

10:30 a.m. Miguel Planas - Choir

**Vocation Prayer:**

That those the Lord is calling to be a priest, deacon, or consecrated brother or sister will listen to Him, and proclaim His name, we pray to the Lord.

**1950s DINNER AND DANCE**

Please join us Saturday April 25<sup>th</sup> as we remember the 50's and 60's. Enjoy the evening the Rock and Roll way. Chicken Dinner, dancing and fun all for \$45. Funds raised go to the Ottawa Food Bank and Hope Ministries.

### PONTIFICAL COLLECTION FOR THE CHURCH IN THE HOLY LAND ON GOOD FRIDAY

The Good Friday Collection helps to maintain the Church of the Holy Land by providing educational, pastoral and social support of Catholic youth and families committed to living their faith in the land where Christ lived, and by maintaining the Holy Sites that are so important to the faith of Christians everywhere. At the request of the Holy See, this Pontifical Collection will be taken during the Good Friday celebration on April 3<sup>rd</sup>, 2026.

Those who are unable to attend the service or who prefer to contribute online, may use Credit Cards, Interac, or Canadahelps, accessible at: [www.commissariat.ca](http://www.commissariat.ca), in the "Support Us" link.

### EMPTY YOUR POCKETS

Thank you for your generosity to the Food Centre in February with your donations totalling \$217.35. Our collection for March will be next weekend, **March 28/29**.

As part of our Lenten observance, we are encouraged in the practice of almsgiving. Perhaps you might consider support for our local Food Centre as part of your Lenten observance with a donation of food or cash next weekend. Thank you for your continued support.

### HOLY WEEK MASS SCHEDULE

Please join us for our Holy Week services at the following times:

Holy Thursday – **5:00pm**

Good Friday – **3:00pm**

Holy Saturday – **7:30pm**

Easter Sunday – **10:30am (NO 9am MASS)**

### MARRIAGE PREPARATION COURSE

Are you planning to get married this year and have not yet completed your Marriage Preparation Course?

St. Theresa Parish will be hosting a Marriage Preparation Course on Friday evening, **April 17, 2026, and all-day Saturday, April 18, 2026**. The cost is \$175 per couple and the course will be held in the parish hall. For more information or to register for the course, please contact the parish office at 613-235-5119 or email [SaintTheresaChurch@outlook.com](mailto:SaintTheresaChurch@outlook.com).

### SAINT OF THE DAY:

**St. Joseph  
(March 19<sup>th</sup>)**

March 19th is the Solemnity of St. Joseph, husband of Mary, the man who raised Jesus. It's a universal feast since Joseph is the patron saint of the whole Catholic Church. It is interesting how much this mysterious man captures the hearts and minds of the whole church

Joseph is the silent saint. We know very little about him. We know he was a carpenter. We know he married Mary and had doubts and fears when he found out she was pregnant. We know he was descended from King David. But other than that we know nothing about him. He never speaks in the scriptures. But he did listen. He listened to God. He listened to God when he was asked not to send Mary away. He listened to God when he had to flee Bethlehem and become a refugee in Egypt, and he listened to God when it was time to return to Israel and begin life again.

Ordinary Catholics all over the world love Joseph. Maybe it's because Joseph, too, was "ordinary." Joseph is remembered for being a good husband and a good parent. He is remembered for dedicating himself to his work—work he did with his hands. And he is remembered for his extraordinary obedience to God in that ordinary life. He is a model for the great majority of saints.

Most saints, most Christians, are like Joseph: They work, they love their families, they raise their children as best they can, and they try to be faithful to God in all of that. Most people are "quiet" saints. History is full of them. We usually don't know their stories precisely because they are "ordinary" and "quiet." Maybe Christians through the ages have seen in Joseph a reflection of themselves. He was a good man who did his best and was devoted to God. That's it. And that's all God wanted. God wanted someone to be a good husband, father, and worker. God found Joseph, and Joseph stepped up to the plate. Most of us know saints like Joseph. Few of us know saints like the rest of them: the saints who do spectacular things, or write incredible books, or even give their lives for the faith. We need them too. But we are raised by people like St. Joseph, we are taught the faith by people like St. Joseph, and the world functions because people dedicate themselves to their task, whatever it may be, as Joseph did.

The great love that the Church has for St. Joseph is probably a reflection of the great love that God has for this quiet man. Joseph did what God asked without much fanfare, just as most good people do. And while it can seem that the quiet saints are forgotten by history, they are certainly not forgotten by God. Maybe in the kingdom, God welcomes all the "quiet" saints the way he welcomed Joseph. Maybe the Church knows this deep down, and that's why Joseph has such a place of honor in our hearts.