

SUNDAY (Liturgical will change to current date each week)



AUGUST 1-8

Saturday, August 1

St. Alphonsus Liguori

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner
Thanksgiving for all God's blessings in the life of Murielle Tatiana

Sunday, August 2

Eighteenth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord

For Deacon Will Read, by the Read family

For victims of the Venezuela earthquake & disasters around the world, by Jeannette of Nazareth

Tuesday, August 4

St. John Vianney

9:00 a.m.

For baby Kilby and parents

Wednesday, August 5

Weekday

9:00 a.m.

†*For the souls in purgatory*

Thursday, August 6

Transfiguration of the Lord

9:00 a.m.

For all who suffer with disabilities, especially Andrew, a young man, by Jeannette of Nazareth

Friday, August 7

Weekday

9:00 a.m.

For Margaret Vice, by Peter

Saturday, August 8

St. Dominic

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner
†Wayne Quan, by Martha Quan

AUGUST 9-15

Sunday, August 9

Nineteenth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord

For the healing of Hanny Jannison

In thanksgiving for the Holy Face, St. Theresa, St.

Joseph & the Holy Spirit. And for healing, financial relief & a place to stay, by Cy, Elza & Eliza

Tuesday, August 11

St. Clare

9:00 a.m.

In thanksgiving, by Anna Marinelli

Wednesday, August 12

Weekday

9:00 a.m.

†*For the souls in purgatory*

Thursday, August 13

Weekday

9:00 a.m.

For the intentions of Jennifer Deloras-Billot & her family, by her friend, Geraldine

Friday, August 14

St. Maximilian Kolbe

9:00 a.m.

In memory of George Szilvasi, by the Marinelli family

Saturday, August 15

The Assumption of the Blessed Virgin Mary

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner

†Thomas Munton, by the family

Thanksgiving for Mother Mary, by Maria Salgado

AUGUST 16-22

Sunday, August 16

Twentieth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord

Tuesday, August 18

Weekday

9:00 a.m.

In thanksgiving, by Anna Marinelli

Wednesday, August 19

Weekday

9:00 a.m.

†Bill Diduch, by the family

Thursday, August 20

St. Bernard

9:00 a.m.

†*For the souls in purgatory*

Friday, August 21

St. Pius X

9:00 a.m.

In memory of Venanzio Marinelli, by the Marinelli family

Saturday, August 22

The Queenship of the Blessed Virgin Mary

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner

†Lara Klymasz, by her friend, Geraldine

AUGUST 23-29

Sunday, August 23

Twenty-First Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord

†Beryl Lamsee, on her birthday, by her son

For Deacon Will Read, by the Read family

Tuesday, August 25

Weekday

9:00 a.m.

In thanksgiving, by Anna Marinelli

Wednesday, August 26

Weekday

9:00 a.m.

†*For the souls in purgatory*

Thursday, August 27

St. Monica

9:00 a.m.

Friday, August 28

St. Augustine

9:00 a.m.

Saturday, August 29

The Passion of St. John the Baptist

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner

For the life and memory of Frank Mayer, by his family

Please remember these sick people in your prayers:

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmunt Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

HOLY FATHER'S PRAYER INTENTION

For evangelization in the city ~

Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

ANNIVERSARY

August 27, 2026 marks the 49th anniversary of Father Vincent's life as a priest. We are very lucky to have had him at St. Theresa's for 20 of those years. Congratulations! – From a parishioner

YOUNG ADULTS GROUP

Young adults (ages 20-40) are invited to a **proposal meeting** for a young adults group at St. Theresa's. For more information, contact Nicholas: nicholas.luong6@gmail.com or 343-297-7355.

PARISH BAZAAR – DONATION DROP OFF

The next donation drop off will be **Saturday, Aug. 8 (3-4:30 pm)**.

BOTTLE DRIVE

Our bottle drive for the Special Olympics will continue all summer. Please drop bottles off on the stage. If you wish to donate money, please see the KoC poster for the QR code for tax receipts.

PILGRIMAGE

Pilgrimage to Our Lady of Knock Shrine (Mayo, QC): **August 23**. For more information, contact mayopilgrimage@gmail.com.

MINISTRY OF LECTORS, COMMENTATORS & EUCHARISTIC MINISTERS

Each weekend Mass, we welcome the congregation, proclaim the Word, and assist during Communion. In each role, we can participate more actively and meaningfully in Mass. If you feel called to serve as a Lector, Commentator, or Eucharistic Minister, please contact Cathy: 613-565-6179 or cathy.daylily@gmail.com.

EMPTY YOUR POCKETS

Thank you for your donations to the food centre in June (\$338.65) and July (\$119.75). A recent story: "Julie was leaving work one evening with some colleagues when they invited her for dinner at a restaurant. She declined, saying she had plans for dinner. As they left for the restaurant, Julie went to the local food bank to get what she could to sustain her family through the next week." Our next collection will be **August 29/30**.

SAINTS OF THE MONTH

During summer, we turn to many activities, most of which have patron saints. Last month, we learned of St. Adjutor. There are many more.

Travel & Road Trips: St. Christopher is the beloved patron saint of travelers. His intercession is traditionally invoked for protection while driving, flying, or sailing on summer vacations.

Hiking & Camping: Bl. Pier Giorgio Frassati is a patron for outdoor enthusiasts. Known for his motto *Verso l'alto* ("To the heights"), he spent much of his life hiking and climbing mountains.

Fireworks: St. Barbara is the patron saint of fireworks, as well as thunderstorms and lightning. She is often invoked during summer celebrations to keep both the display operators and spectators safe.

Outdoor Concerts: St. Cecilia is the patron saint of music and musicians, making her the perfect saint to ask for good acoustics and a great time at an outdoor summer festival or concert.

Surfing: Servant of God Guido Schaffer loved surfing from an early age. He later became a doctor and had special care towards those with HIV. Later, Guido offered his skills to the Missionaries of Charity and met homeless people on the streets to tend to them. He joined the seminary and become known as the "Surfer Angel". He died by drowning while surfing just a few weeks before his ordination and 35th birthday.

Boaters, Mariners, & Whales: St. Brendan was given the name of Navigator after setting out across the Atlantic Ocean to search for the Garden of Eden. When you think of taking a cruise or just joyriding in a boat, say a prayer to St. Brendan for a good trip! He is also the patron saint of whales, for he recalled to St. Columba that he had encountered a great sea monster on his voyage.

Soccer: St. Luigi Scrosoppi was named patron saint of football (soccer) in 2001 by Pope St. John Paul II. He dedicated his life to serving poor boys and girls, founding orphanages and teaching orphans necessary life skills. Luigi also encouraged them to play sports, especially soccer. As the kids play soccer this summer, pray to St. Luigi to learn good skill and virtue from the game, to protect against injuries, and maybe even for your favourite team to win!

Bad Weather: St. Medard is the patron saint against bad weather, which makes him the patron of sunshine by default. Pray to him for sunny days and good weather!

Source: epicPEW, George Jacobson, Jersey Catholic