



† This symbol signifies repose of the soul.

Sunday, February 15

Sixth Sunday in Ordinary Time

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord.

†Beverly Ann Hall, by Deacon Will Read and Lynn Lavictoire.

Tuesday, February 17

9:00 a.m.

Wednesday, February 18

Ash Wednesday

9:00 a.m.

†For the souls in purgatory.

Thursday, February 19

9:00 a.m.

Friday, February 20

9:00 a.m.

Saturday, February 21

4:30 p.m.

For the protection of Canada & for the well-being of all its citizens, by a parishioner.

Sunday, February 22

First Sunday of Lent

9:00 a.m.

For the parishioners of St. Theresa Parish

10:30 a.m.

For the intentions of the Handmaids of the Lord.

†Giovanna Toscano Roccamo, by Garth.

†Lourdes Ruiz Olofernes, by Maria Lynn Ruiz.

Please remember these sick people in your prayers:

Michelle Boyer, Nickie Shaw, Marie-Andrée Boyer, Raechel McIntyre, Zygmunt Wysocki, Lily Harmon, Debby MacAdam, Michael Budge, Robby Felteau, Elaine Taylor, Wanda Staples, Judette & Marie, Marilyn & Jim Donoghue, Aline Lafleur Raymond, Paul O' Leary, Michaela Fong, Julie Robinson

HOLY FATHER'S PRAYER INTENTION

For children with incurable diseases ~ Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**SIXTH SUNDAY IN ORDINARY TIME
(Year A)**

First Reading: Sirach 15.15-20

Second Reading: 1 Corinthians 2.6-10

Gospel: Matthew 5.17-37



Lectors & Commentators

Saturday, February 21

4:30 p.m. Cathy Major

Sunday, February 22

9:00 a.m. Paulette Michel

10:30 a.m. Miguel Planas

EUCCHARISTIC MINISTERS

Saturday, February 21

4:30 p.m. ---

Sunday, February 22

9:00 a.m. ---

10:30 a.m. Miguel Planas - Choir

Vocation Prayer:

• That those the Lord is calling to be a priest, deacon, or consecrated brother or sister will listen to Him, and proclaim His name, we pray to the Lord.

EMPTY YOUR POCKETS

Next weekend, February 21-22, donations will be accepted for the Centretown Food Centre. We know the need in our community is great. Your generosity of support is always greatly appreciated. Contributions great and small all make a difference.

ASH WEDNESDAY

Ash Wednesday is here, which commences Lent. Ash Wednesday and Good Friday are days of fast and abstinence. Fridays are days of abstinence.

Fasting binds all persons from 18 to 59 years, unless prevented by poor health. On days of fast, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to one's own needs. Eating between meals is not allowed, although fluids may be taken.

Abstinence from meat binds all persons who are 14 and older, unless prevented by poor health. In the Archdiocese of Ottawa-Cornwall, the consumption of meat is not allowed on Ash Wednesday, Good Friday, and all Fridays of Lent. Catholics may substitute special acts of charity or piety on the Fridays of Lent. The Archbishop mandates this observance for the spiritual well-being of the faithful.

Removing Holy Water from fonts during the season of Lent is not permitted. The covering of crosses and images from the Fifth Sunday of Lent may be observed.

Lent is a penitential season and, as such, religious practices such as daily Mass, the celebration of the Sacrament of Reconciliation, the Stations of the Cross, works of charity and justice, and acts of self-denial are highly encouraged.

It is appropriate to use the Apostles' Creed during the Lenten and Easter seasons so as to be in solidarity with the catechumens. Please note that the Easter Vigil celebration does not begin before 8:00 pm.

Blessings of Lent
Fr. Vincent.

THANK YOU

Thank you very much to Lourdes and Manny Aguisanda for the delicious luncheon Sunday February 8. They were celebrating Manny's 65th birthday and his good health. The food was especially made for the day and highlighted many Filipino dishes. Thank you, great lunch!

WINTER CLOTHING DONATIONS

The donation of winter clothing has been amazing. Each week we are taking bags of clothing to either one of the Matthew Houses or to our neighbour, St John Evangelist Anglican church. This week there was a beautiful display of working together ecumenically as the clothing was delivered to the Anglican church by a Catholic and a Lutheran. That's the spirit.

SAINT OF THE DAY:

St. Blaise
(February 3rd)

Saint Blaise Feast Day February 3 Saint Blaise was the bishop of Sebastea and a doctor. The first known record of the saint's life comes from the medical writings of Aëtius Amidenus, where he is recorded as helping with patients suffering from objects stuck in their throat. Many of the miraculous aspects of St. Blaise's life are written of 400 years after his martyrdom in the "Acts of St. Blaise."

Saint Blaise is believed to begin as a healer then, eventually, became a "physician of souls." He then retired to a cave, where he remained in prayer. People often turned to Saint Blaise for healing miracles.

In 316, the governor of Cappadocia and of Lesser Armenia, Agricola, arrested then-bishop Blaise for being a Christian. On their way to the jail, a woman set her only son, who was choking to death on a fish bone, at his feet. Blaise cured the child, and though Agricola was amazed, he could not get Blaise to renounce his faith. Therefore, Agricola beat Blaise with a stick and tore at his flesh with iron combs before beheading him.

In another tale, Blaise was being led to the prison in Sebastea, and on the way came across a poor old woman whose pig had been stolen by a wolf. Blaise commanded the wolf return the pig, which it did -alive and uninjured - to the amazement of all. When he reached Sebastea, the woman came to him and brought two fine wax candles in an attempt to dispel the gloom of his darkened cell.

Saint Blaise is often depicted holding two crossed candles in his hand, or in a cave with wild animals. He is also often shown with steel combs. The similarity of the steel combs and the wool combs made a large contribution to Saint Blaise's leadership as the patron saint of wool combers and the wool trade.

Saint Blaise is the patron of throat illnesses, animals, wool combers, and wool trading.

KOFC PANCAKE BREAKFAST

Your Knights of Columbus will be serving a Pancake Breakfast: It will be on 22 February following the 9 am and 10:30 am Masses, in the Parish hall (downstairs). There will be pancakes, eggs, sausage, hashbrowns and drinks. Everyone is welcome (bring a friend)! This event will raise funds for Parish activities and charities.

Cost: \$10.00 per adult / \$5.00 for children under 10 and those kids-at-heart over 70. Free for children under 5.
(TipTap may be available, but we may only be able to accept cash.)

SUNDAY (Liturgical will change to current date each week)
